**PSHE Intent, Implementation and Impact**

**Intent**

At Highburton First Academy, we aim to equip pupils with the knowledge, skills, and values needed to thrive as healthy, confident, and responsible individuals. Through the Kapow Primary PSHE scheme, we provide a curriculum that supports emotional well-being, resilience, respectful relationships, and informed decision-making. Our intent is to foster pupils’ personal development and prepare them for life in a diverse, ever-changing world, both now and in the future.

**Implementation**

We follow the Kapow Primary PSHE scheme, which is structured around five key areas:

1. *Family and Relationships*
2. *Health and Wellbeing*
3. *Safety and the Changing Body*
4. *Citizenship*
5. *Economic Wellbeing*

Each unit is age-appropriate, progressive, and inclusive, ensuring coverage of statutory Relationships and Health Education as well as broader personal development topics. Lessons are taught weekly and include engaging videos, stories, discussions, and practical activities. The scheme also supports teachers with detailed planning, vocabulary guidance, and assessment tools, making PSHE consistent and effective across the school.

We have then designed a responsive unit to ensure that the pupils within Highburton First Academy cover the relevant topics that are relevant to our local area. These include looking further into Laws, County Lines and Gangs.

**Impact**

By the end of each key stage, pupils show increased confidence in expressing their feelings, making positive choices, and understanding their responsibilities. They develop respectful relationships, a strong sense of self-worth, and the ability to manage risks and change. Regular reflection and teacher assessment allow for monitoring of emotional literacy, empathy, and understanding. Through Kapow PSHE, our pupils are well-prepared to be thoughtful, informed, and kind citizens of the wider world.